

Tablelands Adult Mental Health Services

The Tablelands has a range of highly skilled individuals and services who can support the children and families in our community.

> Services correct September 2022

Atherton

- Acute Care Team Community Mental Health
- <u>Better Togeth</u>er
- Breakthru •
- ٠ **Community Mental Health**
- <u>Mulungu Aboriginal Corporation</u> **Primary Health Care Service**
- Tablelands Sexual Assault Service
- Vocational Partnership Group (VPG) •
- Salvation Army

Malanda, Millaa Millaa & Yungaburra

- Echo Empowering Services
- Tablelands Sexual Assault Service

Atherton

Ravenshoe & Mount Garnet

- Ravenshoe Community Centre
- Tablelands Sexual Assault Service

Alcohol & Other

Community

Services

Drugs

- Better Together <u>Alcohol, Tobacco & Other Drugs</u>
 - **Ravenshoe & Mount Garnet**

Herberton

Tablelands Sexual

Assault Service

Local Adult Services

Private

Services Medicare

registered

- <u>Alcohol, Tobacco & Other</u> Drugs
- Better Together



- ACT Psychology
- Banksia Mental Health Care
- Breathe Easy Counselling
- Jenell Wilke Psychologist
- Silky Oak Psychology
- Time 4 U Psychology

Malanda & Yungaburra

- Birdwing Therapies
- Breathe Easy Counselling
- Malanda Medical Care -Mental Health Services

Ravenshoe & Mount Garnet

• ACT Psychology

At-Risk

Adults

Connect to Wellbeing Suicide Prevention

Atherton Hospital

Acute Care Team **Community Mental** Health

Community Services



Acute Care Team (ACT) Better Together 4091 3850 1300 642 255 bettertogether.com.au cairns-hinterland.health.qld.gov.au



Echo Empowering Services 4096 6634 echomalanda.org.au



Mulungu Aboriginal Corporation 4086 9200 mulungu.com.au



Breakthru 1800 767 212 breakthru.org.au

Connect to Wellbeing 1300 020 390 间诊器 connecttowellbeing.org.au

Ravenshoe Community Centre 4097 6726 ravenshoecommunitycentre.org.au



Salvation Army 4091 1410 salvationarmy.org.au/atherton/



 Tablelands Sexual Assault Service 4091 4036 gsan.org.au/support/tablelands

Alcohol & Other Drugs



🗱 🔲 Better Together 4091 3850 bettertogether.com.au



Alcohol, Tobacco & Other Drugs 4092 9365 tinyurl.com/atodstablelands

At-Risk Adults



🚱 🖳 Atherton Hospital 4091 0211 cairns-hinterland.health.qld.gov.au



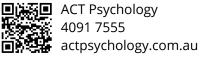
Acute Care Team (ACT) 1300 642 255 cairns-hinterland.health.qld.gov.au



Connect to Wellbeing 1300 020 390 connecttowellbeing.org.au

Private Services (Medicare Registered)







Banksia Mental Health Care 0413 372 044 banksiamhc.com



Birdwing Therapies 0475 618 756 birdwingtherapies.com.au



Breathe Easy Counselling 0482 049 171 breatheeasycounselling.com.au



tinyurl.com/JenellWilkie

Jenell Wilkie Psychologist Malanda Medical Care - Mental Health Services Silky Oak Psychology 0439 967 951 4096 5355 4001 2384 4096 5355 malandamedicalcare.com.au







