

Date:	Monday 20 November 2023
Time:	9.30 – 11.30am
Place:	Community Disaster Education Coordination Centre, Vernon Street, Atherton.

Attendance			
Name	Role	Present	Apologies
Councillor Peter Hodge	TRC (Tablelands Regional Council)	✓	
Georgina Breeuwer	TRC (Secretary)	✓	
Michael Trimble	Breakthru	✓	
Akpene Attakey	Better Together	✓	
David Jones	U3A		✓
Louise Anderson-Clemence	STEPS Peer Support Leader	✓	
Carrie De Brueys	Tableland Community Link		✓
Melitta Lewis	Disability Support Coordinator		✓
Belinda Moore	ECHO	✓	
Jess Clauss	TRC Trainee	✓	
Marcela Fischer	Ethnic Communities Council of Qld		✓
Leeanne Strathooles	Community Member	✓	
Sandra Walden Pearson	Guest speaker	✓	
Julia Moncrieff	Right at Home aged care provider	✓	
Mary Mahoney	David Osbourne Proxy U3A	✓	
Darren Hughes	Community member	✓	
Leona Hallam	l'ara	✓	

Item	Description
1	<p>MEETING OPEN</p> <p>Meeting Open at 9:30am by Councillor Hodge</p>
2	<p>ACKNOWLEDGEMENT OF COUNTRY</p> <p>Delivered by Councillor Hodge</p> <p><i>We acknowledge the Traditional Custodians of the Tablelands region and recognise their continuing connection to country. We pay respect to Elders past, present and future.</i></p>
3	<p>APOLOGIES</p> <p>Attendance and apologies recorded above</p>
4	<p>WELCOME GUESTS</p> <ul style="list-style-type: none"> • Sandra Walden Pearson (Guest Speaker) • Leona Hallam – l'ara disability provider • Darren Hughes – Lived Experience

	<ul style="list-style-type: none"> • Julia Moncrieff – Right at Home aged care provider • Mary Mahoney (U3A proxy)
5	<p>PREVIOUS MINUTES FROM MEETING 14 AUGUST 2023</p> <p>Motion carried: Belinda Moore Seconded: Akpene Attakey</p> <p>“That the minutes of the Inclusion Advisory Committee meeting held on 14 August 2023 be confirmed as true and correct.”</p>
6	<p>MATTERS ARISING</p> <p>Disability Gateway materials provided to committee members</p> <p>Mission Australia Inclusion Advisory Committee Monday 21 August meeting</p> <ul style="list-style-type: none"> • Georgina attended to support group in understanding IAC processes • Surrounding Councils of the Tablelands have contacted Georgina Breeuwer (Community Development Officer) in acknowledgment of the achievements of the Tablelands • Jodie Bjorkstein has resigned from Mission Australia • Georgina will check in with Cairns Regional Council and provide support where possible for the committee <p>Inclusion Advisory Committee membership</p> <ul style="list-style-type: none"> • Karen Amato & Tim Pianta have resigned as committee members. • There are currently 3 vacancies in the Inclusion Advisory Committee. Darren Hughes has forwarded an application and interested other 2 parties • A balance between lived experience and organisations in the committee is desired
7	<p>GUEST TOPIC: COACHING RETIREES</p> <p>Sandra Walden Pearson</p> <ul style="list-style-type: none"> • Preparing beforehand for retirement, financial, mental, physical, wellbeing to work proactively for/towards retirement • 25-30 certified retirement coaches in whole of Australia • Retirees require a service and yet unable to get it • 8 hours dedicated 1 hour a week over 8 weeks • Coaching plan after 8 weeks and legacy book
8	<p>DISABILITY EXPO</p> <ul style="list-style-type: none"> • Mission Australia have no plans for another expo • Committee had a show of hands and there is a strong interest in expo • Georgina advised this would be a collaboration • Mission Australia funded the 2023 Disability Expo • An appetite for a 2024 Disability Expo in May from providers and consumers was agreed upon.

	<ul style="list-style-type: none"> • Vote of committee – unanimous <p>Action: Georgina to go out for EOI to be part of steering committee</p>
9	<p>MAKING BUSINESS BETTER</p> <p>Project mapping and training completed</p> <ul style="list-style-type: none"> • Spinal Life delivered training and mapping across the region. Ravenshoe, Millaa Millaa, Herberton, Malanda, Yungaburra, Tolga, Atherton, Herberton Historical Village, Tinaroo Foreshore were mapped. • 22 attended Realistic Race • There was a range of activities/challenges such as decoding braille, ordering coffee without speaking, using different mobility aids such as canes and wheelchairs. • Shops and organisations can be reviewed on the Accessible Australia https://www.accessibleaustralia.com.au/pois • 12 attended Accessible Australia Training <p>Action: Georgina will advise when project product is delivered and available on the website</p>
10	<p>AGE-FRIENDLY STRATEGY</p> <p>Regional Ageing Well Forums small attendance</p> <ul style="list-style-type: none"> • Seniors Month was delivered through the funding of the Inclusion Advisory Committee. • Akpene Attakey Care Finder, Nurse Navigators, representatives of ECHO, Better Together and Cairns Legal Centre attended the Ageing Well Forums as panel speakers. • The sessions ran for 2.5 hours at Yungaburra, Malanda, Ravenshoe, Herberton and Atherton. There was a minimum of 5 to 12 participants in the smaller towns and 47 in Atherton • Each participant received kits for ageing well and some took more for their friends who didn't attend <p>Ageing Well Expo</p> <ul style="list-style-type: none"> • 120 people visited • Potential new date for the Ageing Well Expo as October is very hot • There was some confusion between the Expo and the Ageing Well Forum • The forums may be moved back to Advanced Care Planning week in March as there are many events occurring in October <p>Dying to Know Day August 8</p> <ul style="list-style-type: none"> • May suit date for expo

	<ul style="list-style-type: none"> • Conversations about preparing for end of life could be a delivery for IAC
11	<p>DISABILITY ACTION WEEK AND INTERNATIONAL DAY OF DISABILITY</p> <ul style="list-style-type: none"> • Disability Action Week 25 November – 2 December • International Day of Disability 3 December • Georgina delivering the P-CEP workshop in collaboration with Sarah Dean (TRC Senior Advisor Emergency Management) on the 27th and 28th Novembers at the Grove and the Hive. • The workshop is free and lunch is provided • Individuals will complete their plan including their needs and what they have in place to respond in case of an emergency. • The University of Sydney gave permission for the P-CEP workbooks to be reprinted and used by the Tablelands Regional Council. • Sarah funded printing of 2000 workbooks • P-CEP was developed with QDN and those with lived experience. • QDN has delivered training in the Tablelands and are offering peer training <p>ACTION: Georgina will send out information on QDN peer training to the committee</p>
12	<p>CELEBRATING INCLUSION IN THE NEWS:</p> <p>Media Release: Construction start to make rail travel more accessible to everybody</p> <p>Park for all opens with a big splash Nov 1 Edition of The Express</p> <ul style="list-style-type: none"> • Congratulations to Lachlan Farquharson for the opening the Lake Tinaroo Holiday park, public can attend with a day pass by booking a campsite <p>Sailing club pleads with council over costs to expand toilets</p> <ul style="list-style-type: none"> • Sailing club applied for a grant for the addition of 10 toilets and showers, council has given full support.
13	<p>MEDIA</p> <p>Article on Older Australians struggling to afford health care and dentistry</p>
14	<p>GENERAL BUSINESS</p> <p>ECHO – Preparing for Christmas, hamper applications open for anyone facing hardship. Community Garden now on Monday morning, looking for more volunteers - inclusive and accessible.</p> <p>U3A – road to U3A building is needed some repairs and have approached Council. Fees have been raised from \$30 to \$35.</p> <p>Brain Injury Group – Brain injury awareness week was 19-25 Aug. Next meeting is on 8 December at Kairi Pub. Boxing academy has received donations and</p>

	<p>made a section at gym where clothing and suits and some other sorted items are available for free. Boxing does some rehabilitation in exercise, Tuesday, Wednesday Thursday 9:30am parents and babies, 11am adults class, 3:30pm (5 to 12 years) children’s fitness, 5:30 boxing technique, 6:30pm normal fitness and boxing technique, Monday and Friday 6:30pm fitness and Muay Thai</p> <p>Breakthru – Breaking Grounds Café is fully accessible for both employees and customers with a 100% disability employment rate. The café is located in New South Wales and is intended to be replicated at another location.</p> <p>Better Together - The new Better Together centre is having an opening event Friday 24/11/2023 starting at 10apm on Robert Street (next to Atherton library)</p> <p>Right at Home - Recently purchased the new RSL building and moved in last week. Meal prepping for all those in need as well as being a day respite centre, will also support the ageing. Is sensitive to the community that has lost the RSL.</p> <p>I’ara – Everyone is welcome to come, 14th December 8:30am start, 26A Main Street, Georgie to send out Leanne email mailing list</p> <p>Darren - Has been assigned Project Manager by Herberton Tourism and Business Association to develop the courthouse into a viewing museum. Approaching Council for accessible parking at the front of the building which is a TRC road. We are applying for \$150,000 grant to pave an accessible parking lot and pathway along the fence of the Herberton Courthouse and Police Station.</p>
<p>Next Meeting</p>	<p>Proposed 2024 meetings move to Tuesday mornings.</p> <p>Dates proposed:</p> <ul style="list-style-type: none"> • Best time/day for members – Tuesday mornings 9.00 - 11.00am, 1st week of month. Dates put forward 13 Feb, 9 April, 11 June, 10 Sep, 12th Nov. <p>Moved: Michael Trimble Seconded: Akpene Attakey</p>
<p>Meeting Close</p>	<p>Meeting closed by Councillor Hodge at 11:35am</p>

Action Items				
Date	No.	Action	Responsibility	Completed
20/11/2023	1	Go out for EOI to be part of steering committee	Georgina Breeuwer	
20/11/2023	2	Advise when project product is delivered and available on the website	Georgina Breeuwer	
20/11/2023	3	Send information on QDN peer training to the committee	Georgina Breeuwer	